





Clockwise from top: The waiting room at Privee Clinic; a patient undergoing the EmSculpt Neo body-shaping treatment; Dr. Bankole Johnson.





INSIDE AND OUT

Looking good, feeling good. So goes the unofficial mantra at the Privée Clinic slated to open this spring on Brickell. Led by Dr. Bankole Johnson, a licensed and board-certified physician and psychiatrist, the new center focuses on individualized treatments to optimize brain health, wellness and, yes, aesthetics. As Dr. Bankole puts it, "It is a comprehensive, one-of-a-kind approach to enhance health and beauty from the inside out, optimize vigor and prevent illness." On the beauty end is the clinic's EmSculpt Neo body-shaping treatment, which eliminates fat and promotes muscle growth in 30-minute sessions. The initial treatment consists of four separate sessions per body part, which, depending on the patient's choice, can include abdomen, arms, buttocks, calves or thighs. These

sessions are scheduled at monthly intervals or as needed. On a different note but just as important are Privée's menu of brain-health therapies. These include transcranial magnetic stimulation in which a noninvasive magnetic field is used to cause electric currents in a specific area of the brain; hyperbaric oxygen therapy, which involves breathing pure oxygen in a pressurized environment; infrared light therapy, which helps cells regenerate themselves to improve circulation; and other procedures such as genomic testing, IV vitamin therapy, nutrition coaching and psychological counseling. 1395 Brickell Ave., Ste. 200, Miami, 305.396.6993, privee-clinics.com •

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BEST FACE FORWARD

Attention, all facial fanatics: Dr. Roberta Del Campo has something for you. The respected dermatologist recently entered into a partnership with La Maison Valmont to offer the Swiss skincare brand's signature facials exclusively in South Florida. These include the Hydration Facial, also known as the Source des Bisses, and the Radiance Facial, or Brightness of Ice. Both one-hour services (at \$285 a pop) use Valmont's bestselling products, including the Regenerating Mask Treatment, Priming Hydrating Fluid, Hydra 3 Regenetic Serum, Moisturizing Booster and the award-winning Prime Renewing Pack, to improve skin's texture and promote anti-aging. 1801 NE 123rd St., North Miami, 305.705.6675, delcampoderm.com



