

WHO WHAT WEAR

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The Face Creams That Just Might Get You Carded Again, According to Derms

by SARAH YANG



There are just so many skincare products that have anti-aging benefits or, at least, claim they have them. They promise to lift your skin, smooth wrinkles, and erase blemishes, and some even say you'll look years younger after applying. It sounds part magic, part scam, but a lot of us want to believe that because we'd do anything to keep our skin preserved in time.

Ingredients to Look For

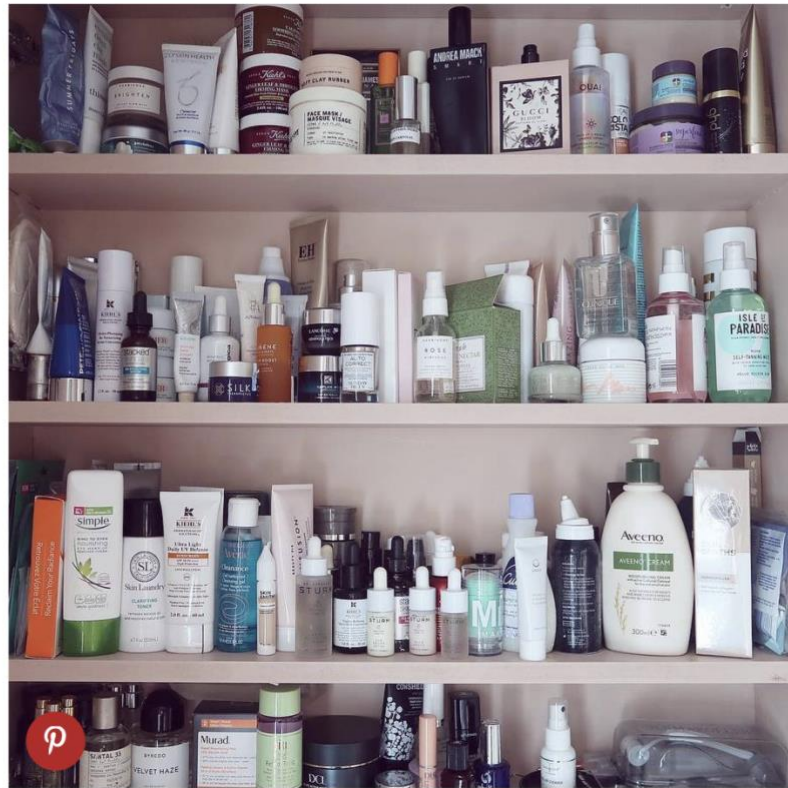


PHOTO: @AMY_LAWRENSON



Board-certified dermatologist [Roberta Del Campo, MD](#), says retinoid strength should be matched to your skin type. Oily skin needs a stronger version while dry skin needs a milder, less concentrated option.

Application Tips



PHOTO: @ALLYPAYER

3. It's never too early to start. Del Campo recommends people start using an anti-aging cream when collagen production starts to decrease, which is in the mid-to-late 20s: "It's not just about correction—it's about prevention."



7. **Vary products if you need to.** You might need to vary your products based on your needs and seasonal changes. But Del Campo says if you like a particular product and it works for you, stick to it. You don't want to fix something that's not broken.



[Neocutis Bio Serum Firm Rejuvenating Growth Factor and Peptide Treatment](#)
[\(\\$275\)](#)

This serum is Del Campo's favorite and her personal go-to. "It's gentle yet the most effective and complete anti-aging product on the market," she explains. "It has the highest dose of human-derived growth factors *and* peptides (for thickening and tightening skin)."

